

Gluten Free Dishes for Take Away

Some dishes need to be cooked with Gluten Free Soy Sauce, Please remind the staff that you have a **GLUTEN ALLERGY**.

Appetizers

•	Crispy "Mongolian" Lamb (with Lettuce, Spring Onion, Cucumber and	£8.50
	Sweet and Sour Sauce)	
•	Prawn Crackers	£1.50
•	Lettuce Wrap (minced chicken with Bamboo Shoots wrapped in Lettuce)	£8.95
•	Fried Crispy Seaweed (V)	£4.50
•	Steamed King Prawns in Shell (8 pieces)	£9.00
•	Barbecued Spare Ribs (Dry served with sweet and sour sauce)	£6.45
•	Deep Fried Bean Curd (served with Sweet Chilli Sauce) (V)	£5.95
•	Deep Fried Garlic Salt & Pepper Bean Curd (V)	£6.95

Soups

•	Crab Meat & Sweet Corn Soup	£4.00
•	Shredded Chicken & Sweet Corn Soup	£4.00
•	Hot & Sour Soup "Szechuan Style"	£5.00
•	Seafood and Bean Curd Soup	£5.00
•	Chicken & Mushroom Clear Soup	£4.00
•	Bean Curd and Vegetable Soup (V)	£4.00
•	Mushroom & Sweet Corn Soup (V)	£4.00
•	Mixed Vegetable Clear Soup (V)	£4.00

Duck

•	Crispy Aromatic Duck (with Lettuce, Spring Onion, Cucumber and)	Quarter £9.95
	Sweet and Sour Sauce)	Half 18.00
		Whole £35.00
•	Roast Duck "Cantonese Style"	£8.50
•	Sauté Duck Meat with Ginger & Pineapple	£8.50
•	Sliced Duck with Chinese Mushrooms & Bamboo Shoots	£8.50
•	Sliced Duck with Pineapple	£8.50
•	Duck with Plum Sauce	£8.50
Chef's	Special "XO" Chilli Sauce	
Citci 5	Special XO Chim Sauce	
•	Chicken	£7.45
•	Beef Fillet	£8.95
•	King Prawns	£8.50
•	3 Kind of Seafood	£8.95
•	Scallops	£8.50
•	Squid	£6.95
•	Sauté Mange tout	£6.95
Chicke	n	
Cilicke		
•	Chicken with Pineapple and Onion	£7.45
•	Diced Chicken with Cashew Nuts	£7.45
•	Diced Chicken with Mushrooms	£7.45
•	Chicken with Ginger & Spring Onion	£7.45
•	Chicken in Hot and Garlic Sauce	£7.45



Gluten Free Dishes for Take Away

Some dishes need to be cooked with Gluten Free Soy Sauce, Please remind the staff that you have a **GLUTEN FREE DIET.**

Seafood

•	Steamed Fillet of Salmon (with Ginger & spring Onion)	£15.00
•	King Prawns with Cashew Nuts	£8.50
•	Quick Fried Three Kind Of Seafood	£8.50
•	King Prawns with Mushrooms	£8.50
•	King Prawns with Mange Tout	£8.50
•	King Prawns with Ginger & Spiced Onion	£8.50
•	Scallops with Mange Tout	£8.50
•	King Prawns with Broccoli	£8.50
•	Mixed Seafood with Chinese Mushrooms & Bamboo Shoots	£8.50
•	King Prawn in Hot and Garlic Sauce	£8.50

Meat

•	Beef with mushrooms	£7.45
•	Beef with seasonal vegetables	£7.45
•	Sliced Beef with Ginger and Spiced Onion	£7.45
•	Spare Ribs in Spicy salt and Chilli	£7.45
•	Diced Pork with Cashew nuts	£7.45
•	Roast Pork Cantonese Style	£7.45
•	Fillet of Beef in black Pepper Sauce	£8.95
•	Lamb Slices with Ginger and Spiced Onion	£7.45

Curry Dishes

Young Chow Fried Rice

Egg Fried Rice (V)

Steamed Rice (V)

Chicken Fried Rice with Pineapple

Beef or Chicken Fried Rice

Chicken / Beef	£7.45
King Prawns / House Special	£8.50
• Vegetable (V)	£7.45
Vegetables	
• Stir Fried Chinese Mushrooms with bamboo Shoots (V)	£6.45
 Stir Fried Mixed Vegetables (V) 	£4.95
 Stir Fried Bean Sprouts (V) 	£4.95
 Bean Curd with Seasonal Vegetables (V) 	£6.45
 Bean Curd with Ginger and Spiced Onion (V) 	£6.45
 Bean Curd with Sweet and sour Sauce (V) 	£6.45
Noodles and Rice	
Vermicelli Noodles "Singapore Style" (curry Flavour)	£7.45
 Vermicelli Noodles "Mandarin Style" (Sweet and Sour Flavour) 	£7.45
 Vermicelli Noodles with Beansprouts and Onion (V) 	£4.95
Noble House Special Fried Rice	£7.45

£7.45

£4.00

£7.45

£7.45

£3.50